

# HIP

HOBBIES • INTERESTS • PASSIONS

Stuff for Baby Boomers



MAY - AUGUST

**Kia ora**, and welcome to the second issue of H.I.P. Stuff for Baby Boomers, which seeks to get 'soon-to-be-seniors' involved in Hobbies, Interests and Passions. Targeting Rotorua district residents in the 50 plus age group, this Rotorua District Council initiative aims to ensure baby boomers enjoy a proactive approach to aging by getting involved in hobbies, interests, clubs and organisations as retirement draws nearer.



The inaugural publication received an enthusiastic across-the-board reception from individuals, seniors' groups, and health professionals. Baby boomers were excited to discover so much available to them; in the process walking groups and dance clubs acquired new members, a RAVE painting class was over-subscribed, a jazz club saw some new faces on club nights, and many 50 plus residents embraced new challenges.

HIP also found its way into the waiting room brochure racks of doctors' surgeries across town. Grant Unkovich, Rotorua Area Practice Health Services Liaison, said surgery staff commented that the compilation of a wide range of local activities makes it easier for 50 plus folk to locate options they might otherwise miss, helping them to stay active and healthy.



The second issue of H.I.P. is brimming with yet more opportunities to get involved in activities, hobbies and classes; often available at little or no cost.

Use this publication to find out how to take a more active part in Rotorua's happening, learning and caring community. Why not discover how to cook a new dish, learn another language, join an exercise class, master a musical instrument, do volunteer work or learn to fly fish? See the Course and Event Planner on pages 12 and 13.

While every effort has been made to ensure that the information contained in this publication was correct at the time of printing, Rotorua District Council does not accept responsibility for any effects arising from use of this information.

*Front cover Model Railway Club photo courtesy of The Daily Post*

**Discovery Options for 50s plus .....p3 to 10**

**Creative Options for 50s plus .....p11, 14 to 18**

**Active Options for 50s plus .....p19 to 23**

## Accent on hobbies

### Model Railway Club

Model railway enthusiasts who have fun building models and layouts, and running trains whilst sharing knowledge and ideas.

**Every Wed** 7pm. Subs: \$30 Clubrooms, Pererika St adjacent to St John's Ambulance. Ph Barry Jenkins 348 1450

### Rotorua Stamp Collectors' Club

A warm welcome offered to anyone with an interest in philately (stamp collecting). Share talk, ideas and items of interest.

**2nd Tues** of month 7.30-9pm. St John's Ambulance Hall, Pererika St. Free. Ph Pat Callaghan 348 1668



### Cook Like A Chef

Learn to cook delicious, nutritious meals on a budget with the Seismic culinary team. Includes meal and complimentary beverage each night.

**Mon, July 12 or Aug 30** 6 week block. \$180 or \$30 per night space permitting. Max 30. Seismic Gastrobar, 1158 Whakaue St. Ph Mericia Waqanimaravu 348 2082

### Caravan and Camping Club

Weekend rallies held monthly; usually focussed on hot springs (winter) or beaches (summer) in the BOP/Waikato region.

Subs: \$18 plus \$7 to national body. Ph Athol Hjorring 348 3007

### Geysersland Cat Club

Membership inquiries from lovers of domestic and pedigree cats welcomed via phone contact listed. Annual show held in July.

**1st Tues** of month 7.30-8.30pm. Ph Sharron Herewini 348 1616

### Geysersland Country Music Club

Country music fans who sing or enjoy listening. Club band available for backing and practise sessions. Members available to assist with recording.

**3rd Sun** of month 1-4.30pm RSA Clubrooms, Haupapa St. Door charge: \$4 non-members, \$2 members. Bring a plate for shared afternoon tea. Subs: \$8 senior individual or \$12 senior couple (over 55). Ph Julie Hill 027 727 4914



## Bygone times

### 30th annual Rotorua Swap Meet

The Rotorua Vintage and Veteran Car Club meet attracts collectors and sellers of vehicle-related parts, models and memorabilia. Includes vintage, veteran and classic car display.

**Sun, July 11** 7am-3pm \$5 buyers, \$10 sellers. Paradise Valley Raceway, Paradise Valley Rd. Ph Denis Burr 333 2807

### Collectors in the Community exhibition

Rotorua collector Ken Thomasen owns a large collection of C A Clarke & Sons bottles. The Clarks began bottling aerated water in Rotorua in 1884 that was a firm favourite till the late 1960s.

**Daily, June 18 to July 21** 9am-5pm Rotorua Museum  
Locals free with proof of residency. Ph 350 1814

### Black Powder Club

Use and compete with muzzle and breech loading rifles and shotguns plus flintlock, matchlock and caplock firearms from the pre-1900 black powder era. Visitors able to try members' firearms.



**2nd Sun** of month plus informal get togethers last Sun of month from 9.15am. Club range Mead Rd, off Tarawera Rd, 500m past the Green Lake. Subs: \$55 individual, \$10 additional family members. Ph Dave Long 348 7334

### Art History group - U3A

Opportunity for 'third agers' to share their interest in art and art history.

**2nd & 4th Mon** of month 2pm Subs: \$10. Phone convenor Anne Hunt for venue and any additional costs. Ph 348 7680

### Rotorua Vintage and Veteran Car Club

Monthly club night with guest speaker plus weekend club runs and seniors' monthly midweek club runs.

**2nd Wed** of month 7.30-9.30pm. Clubrooms, Neil Hunt Park  
Subs: \$50 includes a partner. Ph Mel Cooper 345 6615

## Game On

### Rotorua Scrabble Club

Three games per session based on Collins Dictionary entries. One match is a 'no book' game, but learners able to use a dictionary.

**Every Thurs** 9am-noon. Phone for venue. \$2 per session to cover tea/coffee. Ph Tim Henneveld 348 0697

### Friday Mah-jong

The former Rotorua West Bowling Club mah-jong group now meeting at Parksyde. New players and beginners welcome.

**Every Fri** 1-4pm Parksyde Community Centre for over 55s, Tarewa Pl. \$3 per session. Ph Thelma White 348 1696

### Contract Bridge Club

Social players who want to take their bridge a bit more seriously are welcome at the club's regular playing sessions.



**Every Mon, Wed, Thurs** evening plus Mon afternoon 1.30 and 7.15pm. Clubrooms, Neil Hunt Park, Tarawera Rd. Subs: \$60 plus \$2.50 per session. Ph Alison Beer 345 6885

### Housie

A fun afternoon that can start with a Parksyde lunch (at own cost) from noon. Play one to four cards at a time. Beginners welcome.

**Every Mon** 1-4pm Parksyde Community Centre for over 55s, Tarewa Pl. \$3 per session, plus 10c per card. Ph Joan Stevenson 349 1593

### Tuesday Mah-jong

Fun, social group. Visitors welcome but do need to have basic level of skill in mah-jong.

**Every Tues** 1-4pm. Parksyde Community Centre for over 55s, Tarewa Pl. \$3 per session. Ph Pennie Clark 348 6398

### Scrabble sessions

Visitors welcome.

**Every Tues** 9.30am. Parksyde Community Centre, Tarewa Pl. \$2 per session. Ph Avis Bjarnesen 348 6473

### Parksyde 500 Club

Join in to learn and play the popular 500 card game.

**Every Thurs** 1pm. Parksyde Community Centre for over 55s, Tarewa Pl. \$3 per session includes afternoon tea. Ph Roma Cook 348 7258

## Mind games

### Introduction to psychology

This course introduces students to the core concepts within the field of psychology.

**Mon & Wed, starting July 19** Rotorua Campus, Waiariki Institute of Technology. \$571. Ph reception, Te Wananga a Ihenga 346 8944

### Cryptic Crossword group - U3A

Opportunity for 'third agers' to keep their brain active and share their enjoyment of cryptic crosswords.

**1st & 3rd Tues** of month 2pm. Subs: \$10. Phone convenor Jill Bawn for venue and any additional costs 347 1283



### Science group - U3A

Opportunities for 'third agers' to share their interest in the sciences with others.

**1st & 3rd Mon** of month 10am Subs: \$10. Phone convenor Tony Charleton for venue and any additional costs 332 2183

### Current affairs - U3A

Opportunities for 'third agers' to discuss national and international current events.

Group 1: **1st & 3rd Thurs** of month 10am. Subs: \$10. Phone convenor Jan Burbidge for venue and any additional costs 348 6322

Group 2: **1st Thurs** of month 10am. Subs: \$10. Phone convenor Blanche Kingdom for venue and any additional costs 348 7990

**Philosophy group - U3A**

Opportunities for 'third agers' to share fellowship and their interest in philosophy with others.

**2nd & 4th Thurs** of month 1.30pm. Subs: \$10. Phone convenor Peter Wood for venue and any additional costs 345 5099

**New skills****A-Z Fishing School**

Covers overview of fly fishing, gear, casting, knots, fly tying basics, what trout feed on, how to catch them, where to fish. Includes a Sat morning practical session at a local lake.

**Thurs, 5 weeks starting Aug 5**

7-9pm. Rotorua Anglers' Association club-rooms, Pererika St. \$160 includes club membership. Ph Roger Bowden 348 7816

**Learn to speak French**

Suitable for small groups (min 5) keen to speak basic French for personal interest, travel or family abroad.

**12-week introductory course.** One hour per week, on demand. Venue dependent on numbers. \$240 per person. Ph Ludivine (Ludy) Howse 021 269 9643

**Coffin building group - U3A**

Opportunity for 'third agers' to learn DIY skills and build their own pine coffin. Subs: \$10. Phone convenor Katie Williams for time and venue 346 3148

**Conversational Spanish group - U3A**

Opportunities for 'Third agers' to share their interest in learning Spanish.

**1st & 3rd Fri** of month 2pm. Subs: \$10. Phone convenor Miriam Rubel for venue and any additional costs 027 248 7542

**Learn Taiko - Japanese drumming**

No musical ability needed but moderate fitness is. Suitable for beginners as each session includes 30-40 minutes warming up and basic techniques. Competency reached within 4-6 weeks.

**Every Fri** 5.30-8pm. Arts Village, Hinemaru St. \$15 per session or \$50 per month (4 sessions). Welcome to observe one class at no cost. Ph Hiroe or Paul Howell 343 9942

**Marine VHS Radio Operator's Certificate**

A VHS marine radio operators qualification is a legal requirement for all users of marine radios. Min of 10. Available in rural areas by arrangement.

**Tues, June 29 & July 6** 7-10pm (1st Tues), 7-8.30pm (2nd Tues) Watersports Centre, Lakefront (old Yacht Club building). \$70 includes fees, workbook and warrant card. Ph Graham Douglas 348 3314

**NZ Day Skipper course**

Course covers basic boating knowledge plus charts, buoys and beacons. Min of 15. Available in rural areas by arrangement.

**Tues, 5 weeks starting Aug 24** 7-10pm. Watersports Centre, Lakefront (old Yacht Club building) \$150 includes fees and workbook. Ph Graham Douglas 348 3314

**NZ Boat Master course**

Helpful (but not required) to have done NZ Day Skipper as this course covers more in-depth chart work, navigation and boating knowledge.

**On demand**, 8-10 participants required. 30 hours over two non-consecutive weekends. Watersports Centre, Lakefront (old Yacht Club building). \$475 includes fees, workbook, chart plotter and Safety in Small Craft booklet. Ph Graham Douglas 348 3314

**Certificate in First Steps to Business - Level 2**

Always dreamt of starting your own business? Gain an understanding of fundamental business concepts and processes whilst developing your own business idea.

**24 weeks, starting July.** Flexible study options. Te Wananga o Aotearoa No fees. Ph 343 6087

**Learn to play the ukulele**

Using own instrument, beginner students will learn to tune, hold and strum a ukulele plus discover songs that are easy to sing and play using basic chords in three keys.

**5 weeks, on demand** for 8-10 participants. 90-minute lessons at time and place to suit. \$100 per person. Ph Jill Briar 345 6140

**Learn to fly**

Training plane is a microlight category aircraft (all metal, fully enclosed) therefore a less stringent medical examination is required. Particularly suitable for older learner or former pilots.

**By appointment.** Weather dependent. Rotorua Aero Club, TNT hangar, Rotorua Airport. Hands on 30-minute trial flight with instructor \$75. Ph Chief Instructor Neville Worsley 345 5776

**Service in the community****Zonta International - Rotorua branch**

Part of supportive professional and businesswomen's organisation, whose ongoing projects and fundraising focuses on the empowerment and education of women and children.

**4th Tues** of month 6pm for 6.30pm dinner meeting with guest speaker. Millennium Hotel. Subs: \$170 plus \$20 per dinner. Ph Robyn Cowley 347 6986

**Rotorua Grey Power**

Local branch of national lobby group working to ensure New Zealanders 50 and over are treated equitably.

Quarterly meetings and newsletters. Subs: \$12 individual, \$20 married couple. Ph Ash Peat 346 8527



### Quota International

Women's service club supporting disadvantaged women and children plus the hearing and speech impaired in the community through hands on service, fundraising and scholarships.

**2nd Tues** of month 5.15pm Otonga School (business meeting),

**4th Tues** of month 5.30pm CT Club (dinner meeting). Subs: \$140, dinners additional. Ph Sally Davis 332 2549

## Social networking

### French Chat

Informal gathering of French-speaking locals who meet for coffee and conversation. Visitors welcome to come along and practice their French.

**1st Sat** of month 10.30am. Café de Paris, 1206 Hinemoa St. Ph Valerie and Alain 348 1210

### Tasters Club

Join like-minded people each month to taste 4-6 wines from one winery. Four wines are matched to finger food. New members welcome but pre-booking required.

**4th Thurs** of month 6.30pm. Capers, Eruera St. Subs: \$15 plus \$15 per night, casuals \$20. Ph Jan Wilson 345 5510



### NZ China Friendship Society

English-speaking group who meet to share experiences of travel in and around China over a shared lunch and a guest speaker.

**4th Sun** of month 12.30-2.30pm. Art Village, Hinemaru St. Subs: \$15 individual, \$25 couple. Ph Brenda Lee 332 5731

### Travel group - U3A

Opportunity for 'third agers' to share fellowship and individual travel experiences with others.

**4th Thurs** of month 1.30pm. Subs: \$10. Phone convenor Doris Scott for venue and any additional costs. Ph 349 2720

### Seniors' Social Club

Enjoy a get together and a chat over afternoon tea. Bring a plate. Regular off-site luncheons.

**2nd Sat** of month 1.30-3.30pm. Arts Village, Hinemaru St. Subs: \$10, \$2 door charge. Prospective members welcome at three meetings at no cost. Ph Louise McCaffley 985 4139

### Kaumatua group

A Maori Women's Welfare League initiative, kaumatua group sessions can be anything from quizzes to learning about computers, starting a ukulele group or going on an outing. BYO shared lunch follows each session.

**Every Tues** 9am-noon. Whakarewarewa School. \$2 per session. Ph Ani Rolfe 346 1210

### Outings group - U3A

Opportunity for 'third-agers' to share visits and outings to places of interest locally and in the wider Bay of Plenty.

**1st Fri** of month 1.30pm. Subs: \$10. Phone convenor Judy Somerville for venue and any additional costs 357 2292

### Cuppa and Co - MCA

Share a cuppa and chat, listen to a speaker or go on a trip.

**3rd Fri** of month 10-11.30am. Mokoia Community Association Hall, 297 Vaughan Rd. Free. Ph Graham Ennor 345 5971

## Te Reo

### Certificate in Te Ara Reo Maori - Level 4

Te Ara Reo Māori is designed for adult learners. Developing basic conversational Māori and understanding of Māori customs and protocols to an intermediate level.

**36 weeks, starting July.** Flexible study options. Te Wananga o Aotearoa No fees. Ph 343 6087

### Diploma in Te Ara Reo Maori - Level 5

Develop competence and confidence in speaking and writing Te Reo Maori at an advanced level and gain advanced knowledge of tikanga Maori within traditional and modern context.

**36 weeks, starting July.** Flexible study options. Te Wananga o Aotearoa. No fees. Ph 343 6087

## The netscape

### Introduction to Computers

SeniorNet is a non-profit organisation for people over 55 keen to use computer technology to enhance their lives. New members get a 5-week introductory course on basic computer usage.

**New classes start regularly.** Regency Park Estate, Brent Rd. Subs: \$20 individual, \$30 couple. Ph Betty Milligan 348 8117

### National Certificate In Computing - Level 2

Develop basic computing skills including managing a PC. **Six months part-time.** Online via Waiariki Institute of Technology e-campus or computer lab, Hinemoa Street next to Starbucks (staff on hand to assist). Free. Ph Liesl van der Mescht 346 8091

### Certificate in Computing - Level 2

Introductory course providing basic skills in computer hardware and software, email and office applications.

**18 weeks, starting July.** Flexible study options. Te Wananga o Aotearoa. No fees. Ph 343 6087

### Computers and coffee - MCA

Individual consultations with the association's resident expert.

**Every Mon** 1.30-3pm. Mokoia Community Association Hall, 297 Vaughan Rd. Koha for coffee. Ph Graeme Ennor 345 5971



**Certificate in Computing and Communications****Technology - Level 3**

Gain skills in desktop computing applications; learn about technologies that make up computer systems and develop a good grounding in communications skills and maths.

**Six months part-time.** Online via Waiariki Institute of Technology e-campus or computer lab, Hinemoa Street next to Starbucks (staff on hand to assist). Free. Ph Liesl van der Mescht 346 8091

**Computer classes at SeniorNet**

Courses for over 55s include introduction to email, internet usage, Basic Word, Advanced Word, Publisher, Excel, Power Point, digital camera usage and image manipulation.

Regency Park Estate (basement), Brent Rd. Subs: \$20 individual, \$30 couple. Ph Betty Milligan 348 8117

**Certificate in Computing - Level 3**

Intermediate level computing course to develop skills in word processing, spreadsheets, database management, desktop publishing, creating professional presentations and web design.

**18 weeks, starting July.** Flexible study options. Te Wananga o Aotearoa. No fees. Ph 343 6087

**Certificate in Computing - Level 4**

Develop skills in project management, data communications, computing systems, multi-media websites, online help systems, relational databases and software programming.

**18 weeks, starting July.** Flexible study options. Te Wananga o Aotearoa. No fees. Ph 343 6087

**Voluntary work****Mt Ngongotaha Bush Restoration Trust**

Working bees to assist with pest control and track cutting/clearing. The charitable trust's aims are a predator-free sanctuary on Mt Ngongotaha's upper slopes as well as greater public access via new tracks linked to the original 1890 Jubilee Track.

**Last Sat** of month 9.30am-noon. Violet Bonnington Reserve, 40 Paradise Valley Rd. Membership by donation. Ph Jody Richardson 348 4841

**National Kiwi Trust - volunteer guiding**

Volunteers needed to take guided tours around Kiwi Encounter, New Zealand's largest hatch and raise facility for kiwi.

Tours run daily every hour 10am-4pm. Rainbow Springs, Fairy Springs Rd. Ph Toni Thompson 350 0459

**Trade Aid shop volunteer**

Keen to learn, able-bodied, reliable and want to be part of the solution in eradicating world poverty? Then help sell Fair Trade goods on a voluntary basis.

One 4-hour shift weekly or fortnightly Mon-Sat. Trade Aid, 1285 Tutanekei St. Ph Meaghan Kelly 349 4988

**Art on display****Mai Te Whenua - Of the Land exhibition**

Vibrant international exhibition of woven works by indigenous weavers from around the Pacific Rim.

**Daily till June 20** 9am-5pm. Rotorua Museum. Locals free with proof of residency. Ph 350 1814

**Rotorua Creative Art Trust ART exhibition**

Exhibition featuring local artists is part of the 2010 Wearable Creation 'n' Colour Awards. Includes workshops, opportunities to meet Rotorua's art community, and awards memorabilia display.

**Aug 23-28** 9am-4pm Grand Hall, Energy Events Centre. Free.

**Riding at your Own Risk exhibition**

Photo realist paintings by Christchurch artist David Woodings.

**Tues-Sat till June 30** 10am-5.30pm. Red Spot Gallery, 1239 Haupapa St. Free admission. Ph Glenn McLeary 347 3110

**Matariki art exhibition**

Exhibition of artwork to mark the Maori New Year.

**June 14 - July 16** 10am-5pm. Arts Village, Hinemaru St. Free.

**Artists at work****Drawing in Perspective with wildlife artist Geoffrey Cox**

Perspective is important for more than drawing buildings. Learn theory and tricks to improve artwork whether landscapes, animals or people.

**Mon, 6 weeks starting Aug 2** 6-8pm. Arts Village, Hinemaru St. \$125. Ph 348 9008

**Watercolour painting for beginners**

Learn painting techniques to illustrate cards and mini books. Group bookings welcome.

**Tues, 4 weeks on demand** 9.30-11.30am Janet Keen Painting School, 374 Clayton Rd. Customised classes, competitive rates, discounts for groups. Ph Janet Keen 346 3435

**Life Drawing Group**

Exploring the human form in various media. Monthly painting pose. Interested newcomers welcome at one session free of charge. Mentoring on request.

**Every Thurs** 7-9.30pm. Arts Village, Hinemaru St. \$10 per term plus \$5 per night. Ph Andrew Hoskins 347 7375

**Mokoia painting group - MCA**

For painters of all experience levels to share ideas on techniques.

**Every Wed** 1.30-3.30pm. Mokoia Community Association Hall, 297 Vaughan Rd. Koha. Ph Graeme Ennor 345 5971

Course/event planner	FRI	SAT	SUN	MON	TUES	WED	THUR	MORN	AFTER	ALL DAY	NIGHT	Page
<b>MAY 28 - JUNE 3</b>												
Make a Bali Bag							●		●			16
Mai Te Whenua exhibition	●	●	●	●	●	●	●		●			11
Riding at your Own Risk	●					●	●		●			11
Open Mic Night			●								●	15
<b>JUNE 4 - 10</b>												
Bluesfest Rotorua	●	●	●	●				●	●	●		15
Hot Club Concert		●	●							●		15
Blues Cruise			●					●				15
New Orleans jazz with Bay Dixie			●							●		16
Pilates - beginners					●			●				23
Pilates - advanced						●		●				23
<b>JUNE 11 - 17</b>												
2-day Mother or Father of the Bride doll-making course		●	●						●			17
2-day Mother or Father of the Bride doll-making course				●	●				●			17
2-day Pink Rose Sampler course							●		●			17
NZ Piano Trio in concert			●					●				17
Silver clay jewellery-making					●	●	●			●		14
Plus 55 Ten Pin Bowling Tournament							●	●				19
Matariki art exhibition	●			●	●	●	●			●		11
St Luke's concert - Rotorua schools' chamber music groups	●							●				16
Pilates - beginners	●							●				23
<b>JUNE 18 - 24</b>												
Collectors in the Community	●	●	●	●	●	●	●		●			4
Flowers, Friendship and Fun						●				●		14
Plus 55 Ten Pin Bowling Tournament	●	●	●					●				19
St Luke's concert - Cellophonics				●				●				15
<b>JUNE 25 - JULY 1</b>												
Crazy Patch Quilt		●							●			17
Marine VHS Radio Operator's Cert.					●					●		6
<b>JULY 2 - 8</b>												
Lend Me a Tenor	●	●	●				●	●	●			16
Happy jazz with Mike Nisbet Quartet			●							●		16
St Luke's concert - Present Australia							●	●				15

Course/event planner	FRI	SAT	SUN	MON	TUES	WED	THUR	MORN	AFTER	ALL DAY	NIGHT	Page
<b>JULY 9 - 15</b>												
Lend Me a Tenor	●	●	●			●	●	●	●			16
Violinist Josef Spacek and pianist Michael Houstoun					●						●	17
30th annual Rotorua Swap Meet			●							●		3
Cook Like A Chef				●						●		3
<b>JULY 16 - 22</b>												
Lend Me a Tenor	●	●									●	16
Creative writing skills CWTR.4001												18
Travel writing CWRT.5004												18
Sculpture ARTD.5008				●	●	●	●	●	●			17
Toi Whakairo ARTD.5010				●	●	●	●	●	●			17
Introduction to Psychology				●		●				●		5
<b>JULY 30 - AUGUST 5</b>												
Woody Woodhouse Connection			●								●	16
A-Z Fishing School							●			●		6
Drawing in Perspective					●						●	11
National Poetry Day in Rotorua	●								●			17
St Luke's concert - Hazel Hausman students	●							●				16
<b>AUGUST 13 - 19</b>												
Cook Strait Trio in concert	●										●	18
Concert by Waikato-Bay of Plenty Opus Orchestra			●						●			18
<b>AUGUST 20 - 26</b>												
Rotorua Wearable Creation n Colour Awards							●	●				18
Rotorua Creative Art Trust ART exhibition				●	●	●	●	●	●			11
NZ Day Skipper course					●						●	7
<b>AUGUST 27 - SEPT 2</b>												
Rotorua Wearable Creation n Colour Awards	●	●									●	18
Rotorua Creative Art Trust ART exhibition	●	●							●			11
Cook Like A Chef				●						●		3
St Luke's concert - Institute of Registered Music Teachers	●							●				16

## Camera and film buffs

### Film and theatre group - U3A

Opportunities for 'third agers' to share their interest in film/theatre by going on regular group outings to plays, shows and films. Subs: \$10. Phone convenor Mary Shapley for venue and any additional costs 347 9636

### Photography - U3A

Opportunity for 'third agers' to share their interest in photography. Group 1: **2nd & 4th Tues** of month 2pm. Subs: \$10. Ph convenor Katie Williams for venue and any additional costs 346 3148  
Group 2: **2nd & 4th Fri** of month 10am. Subs: \$10. Ph convenor Loeta Davies for venue and any additional costs 348 6322

### Movie and munch - MCA

Finish with lunch and a chat.

**Every 2nd Fri** 10am Mokoia Community Association Hall, 297 Vaughan Rd. Ph Graeme Ennor 345 5971

### Friday Flicks - MCA

**4th Fri** of month 1.30-3.30pm. Mokoia Community Association Hall, 297 Vaughan Rd. Free. Ph Graeme Ennor 345 5971

## Creative hands

### Silver clay jewellery-making

Jayne Baume will guide students in forming silver clay pendants then decorating with stones, embossing or stamping.

**Tues-Thurs, June 15-17** 6-9pm. Arts Village, Hinemaru St. \$180 includes course materials. Ph 348 9008

### Rotorua Lace Group

Small group keeping the art of lace-making alive. Members willing to lend pillow and bobbins so you can try your hand at lace-making before purchasing own materials.

**1st Tues & 3rd Wed** of month 10am-2pm. Members' homes. Free. Ph Carol Andrews 333 2346

### Flowers, Friendship and Fun

Floral design course for anyone wanting to add flair to special occasions. Friendly casual atmosphere. Designs yours to take home.

**Tues, 6 weeks starting June 22** 5.30-7.30pm. School of Floral Design, rear of Rotorua Florist, Eruera St. \$187 plus materials. Ph Pam Jenkins-Lane 349 4097

### Korowai Aroha - shared craft sessions

Organised under the auspices of Korowai Aroha Health Centre, share knowledge and ideas while working on own craft projects.

**Every Thurs** 9.30am-3.30pm. Taharangi Marae, Tarewa Rd. Free. Bring own project and lunch. Ph Millie Heke 348 8454

### Craft group - MCA

Craftspeople of all levels welcome to share ideas on techniques.

**Every Thurs** 1-3.30pm. Mokoia Community Association Hall, 297 Vaughan Rd. Koha. Ph Graeme Ennor 345 5971

### Cardmaking classes

Learn a different technique every week. Ideal for beginners.

**Every Wed & Fri** NB Not held during school holidays. 10-11.30am (Wed & Fri), 5.30-7pm (Wed). Crazy Krafters, 1124 Eruera St. \$8 per session. Ph Debbie Atkin 348 6565

### Care and craft sessions

Time out for the elderly, handicapped or lonely doing a variety of crafts. Prior assessment required before attendance.

**Every Mon** 9.30am Parksyde Community Centre, Tarewa Pl. \$2 per session. Ph Avis Bjarnesen 348 6473

## Performance

### Open Mic Night

The Pheasant Plucker, in conjunction with Rotorua District Council, celebrates NZ Music month by inviting local talent to share original music via an open mic.

**Sun, May 30** 7pm. Pheasant Plucker, Arawa St. Free. Ph Ivan Purvis 343 7071

### Bluesfest Rotorua

Organised by the Bay of Plenty Blues Club, Bluesfest is a 4-day festival of live blues music from more than a dozen artists and bands.

**Fri-Mon, June 4-7** Various afternoon and evening gigs. On and around Eat Street and the CBD. Mostly free. Ph Sally Garner 027 273 8881

### Hot Club Concert

Featuring Wellington's Hot Club Sandwich band.

**Sat, June 5** 6-9pm. Novotel Hotel. Tickets \$30 from Ticketmaster.

### Blues Cruise

Featuring the 2009 Sydney Blues Society Performer of the Year, Ali Penney, and others.

**Sun, June 6** 3-5pm. Lakeland Queen, Lakefront. Tickets, \$35 from Lakeland Queen. Includes cruise, nibbles and welcome drink. Ph 348 0265

### St Luke's concert - Cellophonics

Lunchtime concert series showcasing group of outstanding University of Waikato cello students trained by James Tennant.

**Mon, June 21**, 12.15-12.45pm. St Luke's, cnr Pukuatua and Amohia Sts. Donation. Ph Hanno Fairburn 348 2993

### St Luke's concert - Present Australia

Lunchtime concert series showcasing a young Australian wind orchestra from Canberra.

**Thurs, July 8** 12.15-12.45pm St Luke's, cnr Pukuatua and Amohia Sts. Donation. Ph Hanno Fairburn 348 2993





**New Orleans jazz with Tauranga band, Bay Dixie**

Rotorua Jazz Club's club night features a 5-piece band whose repertoire includes standards by Louis Armstrong, Jelly Roll Morton, Bix Beiderbecke and Sydney Bechet.

**Sun, June 6** 5-8pm Arawa Lounge, racecourse. \$15 non-members, \$8 members. Subs \$25 single/\$40 double. Ph Elspeth Burrell 348 7730

**St Luke's - Rotorua schools' chamber music groups**

Lunchtime concert series showcasing chamber music groups from local schools performing pieces prepared for the Schools' Chamber Music Competition in Tauranga.

**Fri, June 11** 12.15-12.45pm St Luke's, cnr Pukuatua and Amohia Sts. Donation. Ph Hanno Fairburn 348 2993

**Happy jazz with the Mike Nisbet Quartet**

Featuring international cornet player Lindsay Meech, the Mike Nisbet Quartet is renowned as one of the most authentic New Orleans-style bands in the Auckland region.

**Sun July 4** 5-8pm. Arawa Lounge, racecourse. \$15 non-members, \$8 members. Ph Elspeth Burrell 348 7730

**Rotorua Little Theatre show, Lend Me a Tenor**

This madcap comedy by Ken Ludwig was a sensation on Broadway and the West End, winning three Tony Awards and four Drama Desk Awards.

**July 2-17** 8pm shows Wed-Sat plus 2pm Sun matinees. Shambles Theatre. \$29. Ph Director Jenny Hotch 347 6275

**St Luke's concert - Hazel Hausman students**

Lunchtime concert series showcasing talented young piano students performing a programme of light and classical works.

**Fri, July 30** 12.15-12.45pm. St Luke's, cnr Pukuatua and Amohia Sts. Donation. Ph Hanno Fairburn 348 2993

**Woody Woodhouse Connection from Tauranga**

Woody Woodhouse has been a bandleader in the Hamilton and Tauranga region for many years. His distinctive, crowd-pleasing style covers both jazz and popular music standards.

**Sun, Aug 1** 5-8pm. Arawa Lounge, racecourse. \$15 non-members, \$8 members. Ph Elspeth Burrell 348 7730

**St Luke's - Institute of Registered Music Teachers**

Lunchtime concert series by the Rotorua branch of the Institute of Registered Music Teachers' performing fun and serious pieces.

**Fri, Aug 27** 12.15-12.45pm. St Luke's, cnr Pukuatua and Amohia Sts. Donation. Ph Hanno Fairburn 348 2993

**Pins and needles****Make a Bali Bag**

**Wed June 2, July 7 & Aug 4** 10am-3.30pm. Classes are free provided pattern and fabric strips are purchased from the organisers, Cottage Flair, Main Rd, Ngongotaha. Ph 357 5955

**Progressive Machine Knitting Club**

Small group of enthusiastic knitters offering access to machines to see if this craft is for you.

**4th Wed** of month 1pm. Phone for venue. Free. Ph Isobel Ryan 348 9727

**Crazy Patch Quilt**

New techniques taught at each full-day class. Learn fancy embroidery stitches, ribbon embroidery and beading to embellish a quilt.

**Sat, June 26, July 17, Aug 7 & Sept 4** 10am-3pm. Cottage Flair, Main Rd, Ngongotaha. \$180. Ph 357 5955

**2-day Pink Rose Sampler course**

Learn to make a beautiful sampler using 3D silk ribbon embroidery techniques. Suitable for all levels.

**Wed, June 16 & 30** 10am-3.30pm. Cottage Flair, Main Rd, Ngongotaha. \$90. Ph 357 5955

**2-day Mother or Father of the Bride doll-making course**

A hoot to make, lots of laughter comes out of this fun class.

**June 12/13 or June 14/15** 9am-3.30pm. Cottage Flair, Main Rd, Ngongotaha. \$90. Ph 357 5955

**The arts****NZ Piano Trio in concert**

Rotorua Music Federation chamber music concert featuring Ashley Brown (cello), Justine Cormack (violin) and Sarah Watkins (piano).

**Sun, June 13** 2pm. Concert Chamber, Convention Centre. Non-members \$30. Subs: \$100 includes four concerts. Ph Don Tombleson 345 7406

**Violinist Josef Spacek and pianist Michael Houstoun**

Rotorua Music Federation concert featuring the "brilliant" young winner of the 2009 Michael Hill International Violin Competition.

**Tues, July 13** 7.30pm. Concert Chamber, Convention Centre Non-members \$30. Ph Don Tombleson 345 7406

**Sculpture ARTD.5008**

Learn a variety of practical sculptural techniques.

**Mon & Wed, July 19-Nov 17** 9am-noon. Rotorua Campus, Waiariki Institute of Technology. \$527. Ph Jaarna Hoskins 346 8684

**Toi Whakairo ARTD.5010.**

Learn a variety of practical sculptural techniques in Maori carving. Emphasis on pattern design, symbolism and narratives.

**Tues & Thurs, July 20-Nov 18**, 9am-noon. Rotorua Campus, Waiariki Institute of Technology. \$527. Ph Jaarna Hoskins 346 8684

**National Poetry Day in Rotorua**

Celebrate National Poetry Day with live poetry recited by The Travelling Tuataras. Held in conjunction with Rotorua District Council.

**Fri, July 30** Various times/venues. Free. Ph Kiri Jarden 350 0209



**Creative**  
**Cook Strait Trio in concert**

Rotorua Music Federation concert featuring Blythe Press (violin), Amber Rainey (piano) and Paul van Houtte (cello).

**Fri, Aug 13** 7.30pm. Concert Chamber, Convention Centre. Non-members \$30. Ph Don Tombleson 345 7406

**Wearable Creation n Colour Awards**

Based around a charitable fashion show with a difference, the wonderfully wacky 'clothes' entered in the Wearable Awards are a celebration of colour, creativity and community.

**Thurs-Sat, Aug 26-28. Matinee 11am-1.30pm (Thurs), evening show 7-11pm (Fri & Sat).**

Energy Events Centre. Stands \$20-\$45. Tables (dining) \$105-\$126. Book through Ticketmaster.

**Concert by Waikato-Bay of Plenty Opus Orchestra**

The programme includes Beethoven's Symphony No. 2, Rossini's La Cenerentola overture and a performance by the winner of the University of Waikato concerto competition.

**Sun, Aug 15** 3pm Concert Chamber. \$35, concession \$30. Hanno Fairburn. Ph 348 2993

**Writers and bookworms****Creative writing skills CWTR.4001**

Foundation writing skills for beginners.

**July 19-Sept.** Online via Waiariki Institute of Technology. \$596. Ph Jaarna Hoskins 346 8684

**Reading Round - Monthly Book Discussion Group**

Lively, informal discussions on current topics and books with first option on many new titles.

**4th Wed** of month except Dec 10.30am Haupapa Room, Rotorua Library. Gold coin donation to cover tea/coffee. Ph Bev Emmerson 348 4177 ext 7042

**Writing for families group - U3A**

Opportunity for 'third agers' to share fellowship and their interest in writing with others.

**1st & 3rd Fri** of month 9.30am. Subs: \$10. Phone convenor Jenny Carroll for venue and any additional costs 332 2633

**Travel writing CWRT.5004**

Learn the fundamentals of writing up your travels from planning through to story submission.

**July 19-Sept.** Online via Waiariki Institute of Technology. \$596. Ph Jaarna Hoskins 346 8684

**Book reviews group - U3A**

Offering opportunities for 'third agers' to share their love of reading and books with others.

**1st Mon** of month 2pm. Subs: \$10. Phone convenor Lilian Elliot for venue and any additional costs 345 5106

**Bowl along****Plus 55 Ten Pin Bowling Tournament**

Hosted by Rotorua's Prime-timers, this competition is one of three plus 55 tenpin bowling tournaments held in New Zealand annually. Spectators welcome.

**Thurs-Sun, June 17-20** 11.30am-5pm Thurs, 8.30am-5pm Fri and Sat, 8.30am-2pm Sun. Tenpin Rotovegas, 24 Ward Ave. Free.

Ph Daph Harvey 347 0758

**Selwyn Heights Indoor Bowls Club**

Easy to learn, not physically demanding social play. Everything provided, just wear flat soled shoes. Tuition and mentoring available for new players from club coach and members.

**Every Mon** 7-9.30pm. Selwyn Heights School hall, Old Quarry Rd. Subs: \$28. Casual \$4 per session, members \$2. Ph Alan Buckley 332 2211

**Blind bowlers group**

Royal NZ Foundation of the Blind members, who are blind or visually impaired, are welcome to join this social bowls group.

**Every Mon** 1.30-3.30pm. Parksyde Community Centre, Tarewa Pl. Subs: \$5 plus \$3 per session. Ph Shirley Teirney 348 7673

**Indoor Bowls**

Visitors and learner bowlers 55 and over welcome. Transport can be arranged.

**Every Fri** 1-4pm. Parksyde Community Centre for over 55s, Tarewa Pl. \$3 per session. Ph Len Muir 343 9941

**Rotorua Senior Citizens' Association indoor bowls**

**Every Mon, Thurs, Sat** 10.30am-2.30pm (Mon) and 10am-12.30pm (Thurs and Sat). RSA Clubrooms, Haupapa St.

Subs: \$10 plus \$2 per session. N.B. RSA membership is required and is an additional cost. Ph Violet Wood 348 0357

**Feet made for walking****Introduction to Nordic Walking**

Expend more energy than regular walking. 1-hour session covering basics. Demonstration poles available but own poles preferable.

**On demand**, pre-booking required. QE Health, Whakaeue St. \$72 (cost covers 1-4). Ph Gail Powell 348 0189 ext 734

**Walking with Joy - Ngongotaha**

Easy to medium walks of one to one and half hours.

**Every Fri** 10am. Meet at St Barnabas Church. Donation. Ph Joy Gordon 357 5744

**Thursday Strollers**

Social group who walk at a leisurely pace for approx. 60 mins and enjoy each others company.

**Every Thurs** 9.45am-noon. Meet old YWCA, Te Ngae Rd. Donation to cover morning tea/transport. Ph Myrtle Raxworthy 346 3772

**Cross country walking**

Moderate to high fitness required for three to five solid hours of walking on bush and forest trails. Car pool locally. Monthly bus trips to places like Whirinaki, Minginui and Pureora.

**Every Tues & Thurs** Meet 8.45am, leave 9am sharp. Meet old YWCA, Te Ngae Rd. Subs: \$20. Ph Ingrid Bonnington 348 9407

**Walking with Joy**

Easy to medium walks (two and half to three hours) on various local tracks and trails. Regular monthly bus trip in the wider Bay of Plenty. Usually back at base between 2.30-3pm.

**Every Tues** 9.30am Meet at Countdown carpark adjacent to Mobil Service Station, Fenton St. Subs: \$15 plus cost for transport on the day. Ph Joy Gordon 357 5744

**Green Prescription walking group**

30-40 minute walk at easy pace for those with a low level of fitness.

**Every Mon** 10am. Redwood Visitor Centre, Longmile Rd. Free with Green Prescription from GP. Ph Melissa Gordon 348 4125 ext 605

**Green fingers****Ngongotaha Garden Circle**

Sharing an interest in gardens and gardening via monthly guest speakers (various topics), garden visits or bus trips to shows.

**4th Wed** of month 1.30-4pm. Ngongotaha Community Hall, School Rd. Subs: \$10. Ph Joyce Patten 332 2100

**Rotorua Orchid and Bromeliad Society**

Orchid and bromeliad enthusiasts who share knowledge and seek assistance with their best and worst plants. Regular guest speakers, garden gallops and trips.

**1st Sun** of month 2-4pm. Arts Village, Hinemaru St.. Subs: \$12 individual/\$20 couple. Ph Joyce Cox 348 1259

**Western Heights Garden Circle**

Enthusiastic seniors who meet to show their blooms and discuss flowers and gardening over a cup of tea.

**3rd Tues** of month 1.30-3pm. Roosevelt Chapel Hall, Roosevelt Rd. Subs: \$5. Ph Mary Candy 332 3850

**Mamaku Garden Circle**

Enthusiasts who enjoy getting together to look at each others gardens combined with a chat, a quiz and a cuppa. Out-of-town outings several times a year.

**2nd Mon** of month 1-4pm. Subs: \$5. Ph Noreen Martin 332 5719

**Rotorua Rhododendron and Garden Group**

Friendly informal group of males and females interested in gardening (and rhodos).

July, Aug, Sept meetings feature guest speakers. Oct, Nov, Dec garden visits. Subs: \$15 individual/\$20 couple. Ph Paul Shaw 332 3733

**Healthy options****Arthritis Pool Classes**

Warm water pool exercises for arthritis sufferers. Benefit from easy exercise in a friendly environment. Non swimmers welcome. Option of 8.30am at Polynesian Spa (Mon), 1pm or 1.30pm at Cantabria (Mon and Fri), 4pm or 4.30pm at QE Health (Wed). \$5 per session, \$3 for Arthritis NZ Foundation members. Ph Alison or Mary 345 8345

**B.U.S. Balance Upright and Safe**

45-minute Sport Bay of Plenty falls prevention class. Improving strength and balance in the over 55s.

**Every Tues** 1 or 2pm. Parksyde Community Centre, Tarewa Pl. \$2. Ph Lisa Mansell 348 4125

**Heart of Gold**

Certified by the Heart Foundation, this class is designed to improve the cardiovascular system.

**Tues & Thurs** 11am-noon. Gold's Gym, Old Taupo Rd. \$3. Ph Raewyn Gardiner 348 8998

**Green Prescription Easy Aqua**

Low impact aqua aerobics for beginners.

**Every Tues & Thurs** except during school holidays 12.15-1pm Aquatic Centre (indoor pool), Tarewa Rd. \$4 with Green Prescription from GP. Ph Melissa Gordon 348 4125 ext 605

**Heart Walk**

30-45 minute walk providing fun, social support and exercise to those with heart conditions.

**Weekly Tues** plus fortnightly Sun 10-10.45am. From Sea Scout Hall, Lakefront (Tues) and various venues (Sun). Heart Support Group membership: \$2. Free to walk. Ph Violet Wood 348 0357

**Let's dance****Rock 'n' Roll**

Weekly club dances suitable for beginners, advanced beginners and intermediates. Inquire about upcoming beginner courses.

**Every Tues** 7pm. St Mary's Church Hall, Seddon St. Subs: \$20. Ph Anna Leslie 347 0002

**Beginner line dancing @ Parksyde**

Beginner class which can be combined with the follow on 'easy' session.

**Every Thurs** 10-11am. Parksyde Community Centre for over 55s, Tarewa Pl. \$4 fee covers both sessions.  
Ph Jeanette Salt 348 4845

**Easy line dancing @ Parksyde**

Easy class can be combined with the earlier beginner session.

**Every Thurs** 11am-noon. Parksyde Community Centre for over 55s, Tarewa Pl. \$4 fee covers both sessions.  
Ph Jeanette Salt 348 4845

**Intermediate line dancing @ Parksyde**

**Every Thurs** 1-2.30pm. Parksyde Community Centre for over 55s, Tarewa Pl. \$4. Ph Jeanette Salt 348 4845

**Sulphur City Square and Round Dance Club**

Fun, social and great for fitness. Flat shoes are required, partners aren't.

**Every Wed.** Fortnightly Thurs advanced 'plus dancing' sessions re-start in July. 7.30-9.30pm. St Mary's Church Hall, Seddon St. Subs: \$15 plus \$4 per session. Ph Ann Sullivan 348 1991

**Scottish Country Dancing**

Soft shoes required but no partner necessary. Learners welcome.

**Every Mon** 7.30-9.30pm. St Andrew's Church, cnr of Devon St. and Otonga Rd. \$5. Ph Ann Brimmer 347 9046

**Intermediate line dancing @ Owkata**

**Every Mon** 9.30-11am. St David's Church Hall, cnr Wharenui and Reeve Rds, Owkata. \$4. Ph Jeanette Salt 348 4845

**Easy line dancing @ Ngongotaha**

**Every Mon** 1-2.30pm. Ngongotaha Community Hall, School Rd. \$4. Ph Jeanette Salt 348 4845

**RSA dance sessions**

Enthusiastic members enjoy old time, ballroom, sequence and new vogue dance plus some rock 'n' roll.

**Every Wed** plus **1st & 3rd Sun** of month 7-9pm. RSA Clubrooms, Haupapa St. Ph Greg Ellwood 357 2636

**Marae line dancing - beginner**

**Every Mon** NB Not during school holidays, 10am-noon. Whakarewarewa School, off Sala St. \$3. Ph Anne Hogg 348 4246

**Marae line dancing - beginner and intermediate**

**Every Tues** 6-8.30pm. RSA Clubrooms, Haupapa St. \$2 to dance plus \$2 for raffle. Ph Anne Hogg 348 4246

**Marae line dancing - general class**

**Every Wed** 9.30-11.30am. RSA Clubrooms, Haupapa St. \$2. Ph Anne Hogg 348 4246

**Move your body****ZUMBA Gold**

ZUMBA Gold is a 40-minute fitness class for the active senior, beginner or those with a disability. Anyone can do this Latin-inspired fitness programme.

**Every Mon** 4.30-5.15pm. Westbrook School Hall, Malfroy Rd. \$3 per session. Ph 0800 U ZUMBA (0800 898 622) or 027 714 3333.

**Zumba Gold**

Latin-inspired dance rhythms and easy-to-follow moves designed for older participants and beginners. Loads of fun and laughter.

**Every Tues & Thurs** 4-4.45pm. Cook Island Hall, 101a Clayton Rd. First class free then \$5 per session or \$4 with Gold Card.  
Ph Leanne Haverkamp 027 525 3826

**Chairobics - MCA**

Exercise programme for over 65s run by a professional trainer.

**Every Wed** 9.45-10.30am. Mokoia Community Association Hall, 297 Vaughan Rd. Koha. Ph Graeme Ennor 345 5971

**Eastside Senior Cyclists - MCA**

Length of ride is decided on the experience and enthusiasm of the participants on the day.

**Every Mon** 9.30am. From Mokoia Community Association, 297 Vaughan Rd. Free.  
Ph Graeme Ennor 345 5971

**Pilates - beginners**

Low impact exercise to improve core stability. Ideal for beginners 50 and over.

**Mon or Fri, 5 weeks starting Tues, June 8** (due to holiday weekend). Further series planned for July/Aug. 9-10am. QE Health, Whakauae St. \$55. Ph Gail Powell 348 0189 ext 734

**Pilates - advanced**

Low impact exercise to maintain core stability. Ideal for those who have completed a beginners' class.

**Thurs, 5 weeks starting June 10.** Further series planned for July/Aug. 9-10am. QE Health, Whakauae St. \$55. Ph Gail Powell 348 0189 ext 734

**Tai chi for seniors**

Tai Chi is a series of gentle flowing movements to harmonise mind, body and breathing. The Dr Paul Lams style is particularly suitable for the over 60s, arthritis sufferers and those with health issues.

**Every Wed** 10am (beginners), 11am (advanced). Parksyde Community Centre, Tarewa Pl. First beginner session free, \$5 thereafter. Ph Jordan Freeman 332 5878

**Body movers**

Low impact exercises for older women. Go at your own pace.

**Every Tues** 9-10am. Parksyde Community Centre for over 55s, Tarewa Pl. \$2 per session. Ph Esther Amon 350 3037





**Get involved in Hobbies, Interests and Passions**

**Require additional copies of this brochure?**

Contact the Rotorua District Council's Customer Centre, phone 348 4199 or email [mail@rdc.govt.nz](mailto:mail@rdc.govt.nz). Alternatively go to Rotorua District Council's website [www.rdc.govt.nz](http://www.rdc.govt.nz) click on the **recreation** tab and download a PDF copy of the brochure.

Keen for your event, activity or course to be included in the Spring/Summer 2010-11 issue of H.I.P.? Want to update information contained in this issue? Please forward details by email to RDC's Customer Centre on [mail@rdc.govt.nz](mailto:mail@rdc.govt.nz) before September 10, 2010, for issue three being released prior to Labour Weekend.

Event, activity or class name, date, time, venue, cost, contact person and phone number required plus email and web address if appropriate. No more than 25 words of detail about an activity that is specifically aimed at, or particularly suited to, Rotorua residents aged 50 years and over. Activity must run between October 2010 and March 2011. Issue four, Autumn/Winter 2011, will have an expected release date prior to Easter.

